

Under 6 & 7 Program

2022




Session Plan Template

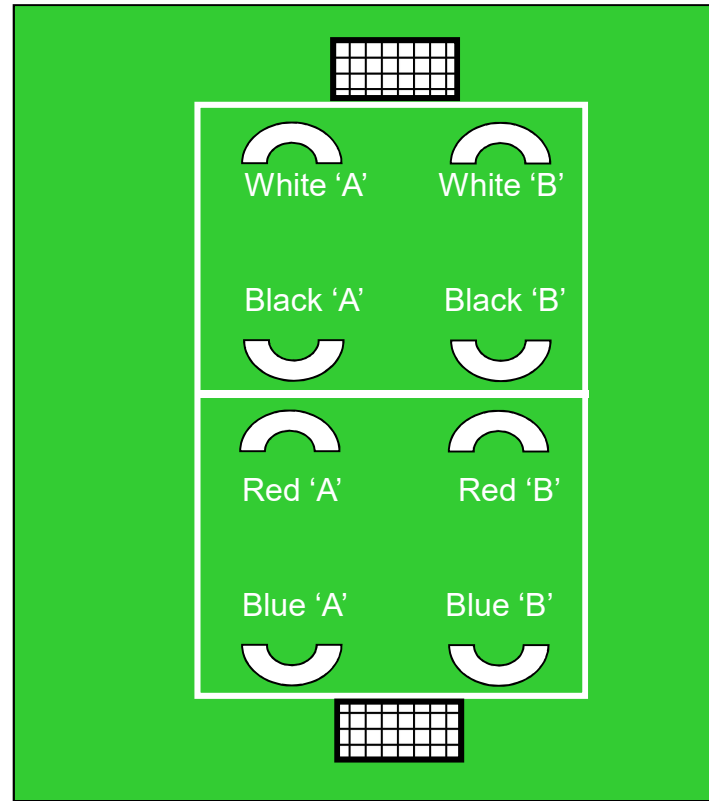


- See the coaching manual for each weeks drills
- However the generic template is
 - 6:00pm Warm up
 - 6:10pm Drills
 - 6:40pm Game, 6 v 6



6 -v- 6 game

- In this game the PUG goals  are used
- Mark the boundary of the field with pylons
- A coach splits his or her team into 2 teams
- Each split team plays against another team on the field
- No goalkeepers
- Schedule game for the last 20 minutes of the session



Schedule



All games on May 23rd are inter squad with pinneys

| Klondike Park | | |
|---------------|----------------------|-------------------|
| Date | Game 1 | Game 2 |
| May 30th | Kiwi v Kelly Green | Purple v Red |
| June 6th | Kelly Green v Purple | Red v Kiwi |
| June 13th | Kiwi v Purple | Kelly Green v Red |
| June 20th | Kiwi v Kelly Green | Purple v Red |
| June 27th | Kelly Green v Purple | Red v Kiwi |
| July 4th | Kiwi v Purple | Kelly Green v Red |
| July 11th | Kiwi v Kelly Green | Purple v Red |
| July 18th | Kelly Green v Purple | Red v Kiwi |
| July 25th | Kiwi v Purple | Kelly Green v Red |

| Roland Mitchener | | |
|------------------|---------------------|---------------------|
| Date | Game 1 | Game 2 |
| May 30th | Navy v Royal Blue | Orange v Forest |
| June 6th | Royal Blue v Orange | Forest v Navy |
| June 13th | Navy v Orange | Royal Blue v Forest |
| June 20th | Navy v Royal Blue | Orange v Forest |
| June 27th | Royal Blue v Orange | Forest v Navy |
| July 4th | Navy v Orange | Royal Blue v Forest |
| July 11th | Navy v Royal Blue | Orange v Forest |
| July 18th | Royal Blue v Orange | Forest v Navy |
| July 25th | Navy v Orange | Royal Blue v Forest |

| Insmill Park | | |
|--------------|---------------|-----------------|
| Date | Game 1 | Game 2 |
| May 30th | Maroon v Kiwi | Jade v Silver |
| June 6th | Kiwi v Jade | Silver v Maroon |
| June 13th | Maroon v Jade | Kiwi v Silver |
| June 20th | Maroon v Kiwi | Jade v Silver |
| June 27th | Kiwi v Jade | Silver v Maroon |
| July 4th | Maroon v Jade | Kiwi v Silver |
| July 11th | Maroon v Kiwi | Jade v Silver |
| July 18th | Kiwi v Jade | Silver v Maroon |
| July 25th | Maroon v Jade | Kiwi v Silver |

| Brookshire Park | | |
|-----------------|--------------------|-------------|
| Date | Game 1 | Game 2 |
| May 30th | Blue v Kelly Green | Gold |
| June 6th | Kelly Green v Gold | Blue |
| June 13th | Blue v Gold | Kelly Green |
| June 20th | Blue v Kelly Green | Gold |
| June 27th | Kelly Green v Gold | Blue |
| July 4th | Blue v Gold | Kelly Green |
| July 11th | Blue v Kelly Green | Gold |
| July 18th | Kelly Green v Gold | Blue |
| July 25th | Blue v Gold | Kelly Green |

Game 2 at Brookshire is an inter squad game with pinneys

